



Waypoint Retreat

A RETREAT FOR EXPERIENCED LEADERS ON EXPLORING AND EXPRESSING THEIR **PURPOSE**

Living, working, and leading from purpose has a powerful impact on the leader and those around them. For the leader, purpose brings direction, opportunity, energy, resilience, and meaning. For those they impact, a purposeful leader inspires motivation, engagement, growth, and performance. This retreat will help experienced professionals from any context to explore their purpose, and how they can express that in their work, and the difference they want to make in the world.

Waypoint is a three-day residential retreat, a deep and personal opportunity for the leader to explore three critical areas. At the core is **purpose** – what motivates us, what is most meaningful to us – and the legacy we want to create in the world. Closely connected is **personal mastery** – how we bring our best self to our lives and to our work. Third is **presence** – our ability to connect deeply to the people and situations around us, and to ourselves, and to make our presence felt positively. These three areas are explored through a variety of experiences designed to help participants look in fresh and new ways at themselves, what matters to them, and the impact they want to have in the world. The retreat will work with the emotional as well as cognitive parts of ourselves, and includes reflection, sharing stories, shadow work, movement and mindfulness. It also explore the habits and attitudes which are helping and hindering leadership, and participants will leave ready to lead from purpose, and to leave their positive impact on the world.

Who should attend?

This retreat is designed for experienced leaders and professionals, looking to reflect deeply on their purpose and the impact they want to have in the world, and how to have that impact. The retreat will enable participants to:

- Articulate a clear and inspiring vision.
- Create followership and engagement.
- Have the agility, resilience and energy to deliver in high impact roles and situations.
- Thrive in complexity, ambiguity and disruption.

TERMS AND CONDITIONS

- Upon request