



Immersions

DIVE DEEP, BRANCH OUT, DEVELOP *YOURSELF* AND MAKE A DIFFERENCE IN THE WORLD

Immersions are a unique and powerful deep dive into the Inner Game of an individual leader. They are a bespoke individual experience, where one leader works closely with a selected team of 3 or 4 coaches & facilitators.

They provide the space, time and energy needed for a breakthrough or shift to occur.

They are a 'live' experience, always adapting to the needs of the participant as they emerge during the process.

The inchigo Immersions focus on bringing the Inner Game alive for each individual and in making deep development relevant to leadership impact. We create the conditions for leaders to turn the focus inwards. It's an opportunity to take time out from a busy and pressured environment and truly explore how increased awareness and perspective leads to greater impact.

The Immersions are highly relevant for leaders already consciously engaged with their development journey. Immersions are particularly powerful to work with a challenge that may hold a leader back.

The deep dive Immersion process works well on thorny issues, where a breakthrough or shift is needed; something they haven't been able to simply think their way out of. The focus is on learning how to enquire and develop sustainable practice to support the next step of a leader's development.

Benefits:

- Time and space to focus on individual development and the breakthrough you want to make.
- An indepth understanding and felt sense of what the Inner Game really is for each individual and how it will determine their impact as a leader.
- A greater self-understanding, identifying patterns and blocks to achieving goals for work and life.
- Working on a deeper level with purpose and having a sense of what you are called to do.
- Personalized daily practices to anchor learnings and support the changes needed.
- The knowledge of how to move forward with a renewed focus and the tools to help you.
- Heightened awareness of resilience strategies and new ways of approaching health and vitality.

TERMS AND CONDITIONS

- Face to Face only
- 3 or 4 coaches immersion
- Price does not include costs such as venue hire, food, travel, excursions, profiling tools, etc.